HAT'S FOR LUNCH THIS SPRING...





Caterlink is an award-winning food service provider catering for primary schools across the country.



We are passionate about providing your children with award winning Food for Life Served Here freshly prepared school lunches that are true to our fresh food heritage.

All our menus are nutritionally analysed to ensure they meet and, in most cases, exceed The School Food Standards by our nutrition team. We are committed to constantly reviewing our menus and recipes to ensure they are healthy. We have reduced sugar in our desserts to below the 6.5g recommendations by Public Health England and have been recognised as leading the way by SUGAR SMART UK. We have also introduced a number of plant-based recipes to our menus and meat free days to support the sustainability aspects of our offer.

KEEP IN TOUCH

You can keep up to date with what is going on by visiting our web site https:
//caterlinkltd.co.uk/my-caterlink
to find the latest news and information about our upcoming theme days and our current menu. You can also get in touch through our contact us page, we appreciate all feedback on our service.



RECRUITMENT

We are always looking for new talented team members, if you are interested in joining Caterlink or becoming an apprentice visit us through our web site https:

//caterlinkltd.co.uk/jobs-careers/ or email hrsupport@caterlinkltd.co.uk

UNIVERSAL INFANT FREE SCHOOL MEALS

Don't forget if your child is in Reception, Year 1 or Year 2 they can enjoy a meal each day without charge, irrespective of income. However, you still need to register if you are entitled to Free School Meals. This is important and helps schools funding.

FREE SCHOOL MEALS

Low Income - Are you missing out? to check if you are entitled to Free School Meal entitlement ask at your school office.

ALLERGY INFORMATION:

If your child has an allergy or intolerance, please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child, this can be downloaded from our web site https://caterlinkltd.co.uk/school/caterlink-primary-division. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.



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| | | Monday | Tuesday | Wednesday | Thursday | Friday dino the interior |
| Week 1 | Main | Fish Fingers with Chips (Gluten, Fish) | Chicken Shawarma Served with Pita Bread (G) | Roast Turkey | Beef Meatballs served With Spaghetti (Gluten) | Packed Lunch Day Tuna, Egg, Cucumber, Chicken or Parav Cream Cheese Sandwich Gluten Free Sandwich Available Vegetable Crudities |
| | Vegetarian | Borekas (Gluten,Eggs) | BBQ Quorn (Soya, G, Eggs) | Falafells (Gluten) | Vegetable Ragout served with Spaghetti (Celery, Gluten) | |
| | Sides | Sweetcorn | Potatoes Wedges | Roasted Potatoes, Carrots And Peas | Cauliflower and roasted Peppers | Cookie |
| | Dessert | Banana Cake (Gluten, Eggs) | Marble Vanilla & Chocolate (Gluten, Soya, Eggs) | Peach Cake (Gluten, Eggs) | Apple & Cinnamon cake(Egg, Gluten,) | (Gluten, Egg, Soya) |
| Week 2 | Main | Fish Fingers with Chips (Gluten, Fish) | Beef Bolognese served with Pasta (Gluten) | Chicken Shawarma Served with | Chicken Madras served with Pilau Rice or Naan Bread (Gluten) | Tuna, Egg, Cucumber, |
| | Vegetarian | Borekas (Gluten, Eggs) | Vegetable Bolognese served with Pasta (Gluten) | Falafels served with Wedges (Gluten) | Vegetable Madras Served with pilau Rice or Naan Bread (Gluten) | Chicken or Parav Cream Cheese Sandwich Gluten Free Sandwich Available Packed Lunch Day |
| | Sides | Peas & Sweetcorn | Cauliflower and Roasted Peppers | Med Veg/ Salad | Sag Aloo Spiced Butternut | Tuna, Egg, Cucumber, Chicken or Parav Cream Cheese Sandwich Gluten |
| | Dessert | Chocolate Sponge (Gluten, Soya, Eggs) | Syrup Sponge (Gluten, Eggs) | Apple Sponge (Gluten, Eggs,) | Peach Cake (Gluten, Eggs) | Free Sandwich Available Vegetable Crudities Cookie (Gluten, Egg, Soya) |
| Week 3 | Main | Fish Fingers with Chips (Gluten, Fish) | Chicken Burgers served with salad and Wedges | Beef Fajita served with Rice and Wrap (G) | Chicken Stir Fry served with Noodles or Rice (G) | Packed Lunch Day Tuna, Egg, Cucumber, |
| | Vegetarian | Borekas (Gluten, Eggs) | Veggie Burgers with Potato Wedges (G,Soya,Eggs) | Vegetable Fajita served with Rice and Wrap (G) | Veggie Stir Fry served with Noodles or Rice (G) | Chicken or Parav Cream Cheese Sandwich Gluten Free Sandwich Available |
| | Sides | Peas And Carrots | Slaw, Salad and Wedges | Roasted vegetables | Green Beans | Vegetable Crudities Cookie (Gluten, Egg, Soya) |
| | Dessert | Rice Krispies (GLuten, Soya) | Confetti Cake (Gluten, Soya, Eggs) | Lemon Sponge (Gluten, Eggs) | Chocolate Cake (Gluten, Soya Eggs) | |