

YPS PSHE-RSE	Autumn		Spring		Summer	
R	Settling in Friendships Rules and Routine Yavneh Way and Heads-up kids Programme	Think Equal Programme	Think Equal Programme	Think Equal Programme	Think Equal Programme	Think Equal Programme
Yr 1	Relationship	Wellbeing and Mental Health	Citizenship	Living and the Wider World	Economic and Wellbeing	RSE
	Settling in Friendships Rules and Routine Yavneh Way	Exploring personal qualities, strategies to manage feelings, the impact of sleep and relaxation on wellbeing, the importance of hand washing and sun protection, identifying and dealing with allergic reactions.	Heads up kids Programme and the importance of rules and consequences of not following them; caring for the needs of babies, young children and animals; exploring our similarities and differences and an introduction to democracy.	Heads up kids Programme	Learning about what money is and where it comes from, how to keep cash safe, the function of banks and building societies, spending and saving and some of jobs roles in schools.	Safety and the changing body-
Yr 2	Relationships	Wellbeing and Mental Health	Citizenship	Economic and Wellbeing	Living and the Wider World	RSE
	Settling in Friendships Rules and Routine Yavneh Way	Learning: about the benefits of exercise and relaxation on physical health and wellbeing; strategies to manage different emotions, setting goals and developing a growth mindset and understanding dental hygiene.	Learning about rules outside school; caring for the school and local environment; exploring the roles people have within the local community; learning how school council works; giving an opinion.	Learning about where money comes from, how to look after money and why we use banks and building societies. Heads up kids Programme – working co-operatively.	Heads up kids Programme working co-operatively	Safety and the changing body-
Yr 3	Relationships	Wellbeing and Mental Health	Living and the Wider World	Citizenship	Economic and Wellbeing	RSE
	Settling in Friendships Rules and Routine Yavneh Way	Understanding that a healthy lifestyle includes physical activity, a balanced diet, and rest and relaxation; exploring identity through groups we belong to, and how our strengths can be used to help others; learning how to solve problems by breaking them down into achievable steps.	Heads-up kids Programme- Working together	Heads-up kids Programme Learning about children’s rights; exploring why we have rules and the roles of local community groups, charities	Introduction to creating a budget and learning about: the different ways of paying, the emotional impact of money, the ethics of spending and thinking about potential jobs and careers	Safety and changing body
Yr 4	Relationships	Wellbeing and Mental Health	Citizenship	RSE	Economic and Wellbeing	Living and the Wider World
	Settling in Friendships Rules and Routine Yavneh Way	Developing emotional maturity; learning that we experience a range of emotions and are responsible for these; appreciating the emotions of others; developing a growth mindset; identifying calming and relaxing activities; developing independence in dental hygiene.	Human rights and caring for the environment	Safety and changing body	Heads-Up Kids programme Exploring: choices associated spending, what makes something good Value for money.	Heads-Up programme Developing resilience
Yr 5	Relationships	Wellbeing and Mental Health	Living and the Wider World	Citizenship	Economic and Wellbeing	RSE
	Settling in Friendships Rules and Routine Yavneh Way	Learning to take greater responsibility for sleep, sun safety, healthy eating and managing feelings; setting goals and embracing failure; understanding the importance of rest and relaxation.	Heads Up Kids Programme Understanding gratitude	An introduction to the justice system Understand the role of parliament and voting Roles and responsibilities	Developing understanding about income and expenditure, borrowing risks with money and stereotypes in the workplace.	Safety and changing body
Yr 6	Relationships	Wellbeing and Mental Health	Citizenship	Economic and Wellbeing	RSE	Living and the Wider World
	Settling in How to deal with conflicts Rules and Routine Yavneh Way	Learning about diet, oral hygiene, physical activity and the facts around immunisation. Exploring rest and relaxation and how they affect physical and mental health. Strategies for being resilient in challenging situations and planning for long-term goals.	Learning about human rights, food choices and the environment	Money can affect feelings Understanding interest of loans, debuts tax	Safety and the body changing SATS preparation	Understanding who helps us Preparing for secondary school